
Laser Hair Removal FACT SHEET

Benefits –

Laser Hair Removal has become one of the most popular cosmetic laser procedures offered in the United States. According to the American Society for Aesthetic Plastic Surgery, nearly 1.5 million Laser Hair Removal procedures were performed among men and women in 2007. Often preferred over other forms of hair removal, such as electrolysis, Laser Hair Removal can provide a quick and relatively pain-free experience. The non-invasive laser system utilizes light in order to penetrate hair follicles and permanently reduce the volume of re-growth. Patients can schedule an appointment early on in the day, and return to normal activities immediately after. The procedure is also an effective option for the removal of persistent, ingrown hairs that cause unsightly red bumps and skin irritations. For many, the choice for Laser Hair Removal is made out of convenience - eliminating the need for excessive waxing or shaving in the future.

Description of Treatment –

Patients will be given a pair of protective eyeglasses to prevent any damage from occurring to the cornea. A laser-light beam is then pulsed, at a fraction of a second, from a handheld medical device and into the area being treated. Through selective photothermolysis, melanin present within the hair follicles is targeted and absorbed by the laser. This form of intense energy and heat delivery instantly disrupts the cycle of regrowth, while sparing the surrounding skin tissue from thermal damage. Keep in mind; a single Laser Hair Removal procedure will not stop hair regrowth all together. Providers recommend 4-6 treatments for optimal, long-lasting results.

A typical Laser Hair Removal procedure will last 15-45 minutes, and greatly depends on the area, or areas being treated.

Physicians recommend all treated areas with excess hair be shaved approximately 12 hours prior to the Laser Hair Removal procedure. Waxing, plucking and electrolysis should be discontinued at least 3 weeks before treatment begins. Sun exposure and self-tanners should be avoided a minimum of 10 days prior to treatment.

Average Cost –

The cost of Laser Hair Removal can range \$100-\$500 for each individual procedure. These prices greatly vary by the size and hair pattern of the area treated, as well as the provider. At National Laser Institute Laser Hair Removal treatments start at just \$50 a session. For more information about the spa and its services visit www.nlimespa.com or call a location at (480) 290-7333 or (214) 252-7800.

About National Laser Institute -

Founded by Louis Silberman in 2003, National Laser Institute Medical Spa boasts discount luxury locations in both Texas and Arizona. The spa specializes in the most advanced rejuvenation and anti-aging procedures in the marketplace. Its team of treatment providers represents some of the nation's top experts in medical aesthetics, including leading educators in the cosmetic laser field. For more information about the spa and its services visit www.nlimespa.com or call a location at (480) 290-7333 or (214) 252-7800.

National Laser Institute also operates the most extensive and comprehensive medical aesthetic and cosmetic laser training program in the country; providing accredited courses for physicians, nurses and other health professionals, as well as offering continuing education credits to health professionals. For more information regarding cosmetic laser training visit www.nationallaserinstitute.com or call (800) 982-6817.