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# National Laser Institute

CE/CME Medical Professionals Information

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# MEDICAL PROFESSIONAL COURSES

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## CE/CME INTRODUCTORY AND ADVANCED COURSES

**Botox®, Dysport™, Dermal Fillers, Laser, Intense Pulse Light (IPL), Sclerotherapy, Chemical Peels, Radio Frequency Skin Tightening, Laser Tattoo Removal, Laser Liposuction, Autologous Fat Transfer, eMatrix, and CO<sub>2</sub>/Fractional**

National Laser Institute (NLI) offers the highest quality and most comprehensive hands-on medical aesthetic training in the United States. Introductory and cosmetic injectable workshops include: BOTOX®, Dysport™, and dermal fillers, with additional course offerings: sclerotherapy, laser liposuction, eMatrix, CO<sub>2</sub>-fractional, intense pulse light, radio frequency skin tightening, laser tattoo removal, and chemical peels. Class seminars are led by plastic surgeons, dermatologists, registered nurses, certified laser specialists, skincare consultants, marketing veterans, and guest speakers from various arenas within the health and beauty industry.

Learn the techniques, skills, and marketing expertise necessary to incorporate non-surgical cosmetic procedures into your medical practice. The addition of cosmetic injectables and laser procedures increase profits,, and expand your list of patient offerings while reducing your dependency on insurance and billing. Medical aesthetics is a cash business!

At NLI, attendees gain hands-on experience administering BOTOX®, Dysport™, dermal filler, and sclerotherapy injections. NLI offers additional CME courses including, laser liposuction, CO<sub>2</sub>-fractional, eMatrix, permanent hair reduction, photofacial skin rejuvenation, and other leading medical aesthetic treatments.

### What Makes NLI CE/CME Training Courses Unique?

- Lead by skilled Dermatologists, Cosmetic Surgeons, Nurses and Laser Experts
- Multiple instructors providing education in Laser/IPL Therapies, Botox® and Dermal Fillers
- Comprehensive Training in One Course – Up to 8 Days
- Hands-on Protocol, Safety, Pre and Post Procedural Training
- Learn on a Variety of Laser/IPL Devices from Today's Leading Manufactures
- Luxury Retail Medical Spa Setting
- Business and Marketing Preparation on How to Improve Revenue included in the course

### Approved for Continuing Education Credits

National Laser Institute's educational courses are approved for CE credits by the Arizona Nurses Association (AZNA) and the American Academy of Family Physicians (AAFP). Attendees are able to earn up to 66 prescribed AAFP credits, accepted by the American Medical Association, which is equivalent to an AMA PRA Category 1 Credit™ toward the AMA Physician Recognition Award.

### Introductory Courses Cover:

#### **Botox®, Dysport™ and Dermal Fillers**

- Patient candidacy
- Injection technique
- Indications and contraindications
- Types of fillers and their applications
- Hands-on injectable training
- Business development seminar

#### **Technology-Based Procedures**

- Laser/IPL permanent hair reduction
- IPL Photofacial skin rejuvenation
- Fractional wrinkle reduction
- Radiofrequency skin-tightening
- Laser spider vein reduction
- Laser liposuction
- CO<sub>2</sub>/Fractional

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# CE/CME COURSE DESCRIPTIONS

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## 7-DAY Course Description

This comprehensive medical aesthetic training course is designed to prepare physicians, physician assistants, and nurses to safely deliver Laser, Intense Pulse Light, Botox® and Dermal Filler treatments.

### Day One (Monday)

#### Didactic Classroom

Overview providing key knowledge about laser biophysics, tissue interaction, hair and skin review, and laser safety protocol. This seminar will also provide information on which skin types are well suited to specific treatments, as well as medical conditions that are incompatible with laser treatments.

### Day Two (Tuesday)

#### Laser Safety and Treatment Protocols

Attendees will review the important points of laser safety as well as patient pre-screening.

#### Clinical Practice Laser and IPL Permanent Hair Reduction

### Day Three (Wednesday)

#### Clinical Practice IPL Photofacial Skin Rejuvenation

### Day Four (Thursday)

#### Clinical Practice: Laser Fractional Wrinkle Reduction

### Day Five (Friday)

#### Clinical Practice: Laser Tattoo Removal and eMatrix Radio Frequency Skin Tightening

### Day Six (Saturday)

#### Botox® Treatments and Marketing / Business Seminar

### Day Seven (Sunday)

#### Dermal Fillers

## Botox® and Fillers Weekend Course Description

Nurses, physicians and physician assistants completing this course will become familiar with Botox® and Dermal Filler treatments, and learn appropriate techniques for their use over two days.

### Day One (Saturday)

#### Injectables Overview and Botox®

- Aesthetics overview
- Patient selection experience and communication
- The aging process: Why lines/folds occur and how to reduce them most effectively
- History and science of BOTOX®
- Lunch seminar: Adding medical aesthetics to your practice
- Hands-on clinical experience; minimum of 2 patients for injection
- Injection technique

### Day Two (Sunday)

#### Dermal Fillers

- Patient Selection
- Types of Fillers
- Indications and Contraindications
- Lunch Seminar: Adding Medical Aesthetics to Your Practice
- Folds, wrinkles and lip enhancement
- Demonstration and hands-on training for cosmetic use of Botox®
- Injection Technique
- Cosmetic Practice Building

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# CO<sub>2</sub>/FRACTIONAL WORKSHOP - NEW

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The CO<sub>2</sub>/Fractional is the most advanced treatment of its kind.. You can now learn the fundamentals of this procedure through our supervised hands-on workshop and begin offering patients intense skin rejuvenation. Our instructors are at the top of the field possessing exceptional skill and experience. You will walk away from our CO<sub>2</sub>/Fractional course with the confidence and expertise to give your patients the anti-aging results they want - a more youthful, vibrant appearance without invasive surgery.

## About CO<sub>2</sub>/Fractional Laser

This innovative fractional laser technology offers deeper and more aggressive penetration of the skin than the traditional fractional laser, stimulating optimal collagen remodeling for the ultimate in skin resurfacing. The remarkably small spot size and expanded control of density and depth as well as increased speed offered by CO<sub>2</sub>/Fractional laser will broaden your capabilities, giving you the ability to offer truly customizable treatments tailored to improving varied skin concerns. This treatment effectively improves tone, tightening, and texture, reducing the appearance of fine lines, uneven texture, dyschromia, skin laxity, moderate to deep wrinkles, and scars.

## Course Summary.

### In a one day intensive learning environment the medical professional will learn:

- Traditional applications of the CO<sub>2</sub>/Fractional laser
- How to assess individual patient needs and determine which treatment protocols are best suited
- How to incorporate complete control of depth per spot, density of scanned spots, spot shape, and pattern size
- How to customize this treatment for your many unique patients
- Proficiency with the various treatment modalities

### Benefits of adding CO<sub>2</sub>/Fractional Laser to your practice

- Help your patients look and feel better
- Add additional service for patients looking for a more aggressive treatment than traditional fractional laser
- Cash Service - no hassle of billing insurance providers
- High profit margin - The average CO<sub>2</sub>/Fractional laser procedure typically retails for \$2,500.

### Who should attend?

This class is available to all:

- Nurses
- Physicians (MD, DO)
- Physician Assistants

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# LASER LIPOSUCTION TRAINING - NEW

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Much has been made of laser liposuction since its introduction to the plastic surgery market. Laser Liposuction complements other procedures and offers patients the option of liposuction to small areas that would otherwise go untreated. The demand for facial liposuction procedures, for example, has exploded since the development of laser techniques for the purpose of liposuction. While the basic concept and process of removing fat cells from the body by suctioning remains unchanged, the method and techniques employed have changed drastically for better. Using a laser allows physicians to produce more detail-oriented results and offers faster recovery time for the patient.

## About Laser Liposuction

Laser-assisted lipolysis, better known as laser lipo, is a revolutionary technology that selectively targets unwanted fat “liquefying” it for removal while concurrently tightening the skin. This “liquefying” effect is easier on the body, significantly reducing client downtime typically associated with traditional liposuction procedures. Smoother body contours and additional skin tightening are two benefits not seen with other liposuction methods.

### Client Benefits of Laser Liposuction include:

- Tighter, smoother skin
- Faster healing including less bruising, less downtime, & minimally invasive
- More precisely contoured treatment areas
- Many patients resume typical activities within a day or two
- In office procedure utilizing local anesthesia

## Course Summary

**NLI is the leading medical aesthetics education provider in the U.S. for laser liposuction because we offer:**

- Workshop taught by a board certified plastic surgeon
- Luxury, retail medical spa training facility
- Medical advisory board with over 100 years of combined experience
- NLI is continually featured in the top national health and beauty publications

### Benefits of adding laser liposuction to your practice

- Help your patients look and feel their best
- High profit margin – the average laser lipo treatment can cost as much as \$3,000 - \$6,000
- Add an additional source of cash revenue to your practice
- Upon course completion you can begin immediately

### Who should attend?

This class is available to all:

- Physicians (MD, DO)

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# AUTOLOGOUS FAT TRANSFER WORKSHOP - NEW

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Fat transfer is a two day workshop led by a board certified plastic surgeon who will demonstrate this procedure in a hands-on setting utilizing two different technologies. Cosmetic fat transfer lasts longer than other cosmetic fillers available and renders more natural looking results.

Adivive by Palomar, in conjunction with Medi Khan, features fat transfer utilizing a centrifuge unit for a closed-loop procedure. This technique renders highly concentrated and viable fat for reinjection; up to 200cc of which can be harvested for immediate reinjection in one spin cycle. Because the tissue collection system and refinement process is so efficient, the fat utilized for reinjection for this procedure is very highly refined.

Origins by Sound Surgical Technologies is a complete, reusable, closed loop tissue collection system. The adipose tissue is completely contained in the sterile collection system from when the fat is harvested to reinjection. This system can be used with one or two operating suction ports for greater efficiency and can collect up to 2,000cc of fat per use. Once suction is turned off, tumescent solution, blood, oils, and other waste sink to the base of the collection system leaving clean tissue floating above. Impurities can then be removed from the base of the unit.

## About Autologous Fat Transfer

Fat transfer is another exceptional anti-aging treatment for facial wrinkles, lines, and furrows. There are several injectable options for wrinkle reduction including silicone, Juvéderm, Restylane, collagen, and others. One of the safest materials used to eliminate wrinkles is the patient's own fat, which is extracted through liposuction, then reinjected. Liposuction can be part of another procedure or performed solely for aesthetic fat transfer. Tumescent liposuction is utilized to extract fat typically from the abdomen, thighs, or hips then injected into glabella, cheeks, jawline, lips, nasolabial folds, or lower eyelids. This procedure is performed in office under local anesthesia, lasts much longer than cosmetic injectables such as Botox or fillers, and renders the patient with a natural and more youthful appearance.

### Who should attend?

This class is available to all:

- Physicians (MD, DO)

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# SCLEROTHERAPY TRAINING

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Widely used in Europe for years, Sclerotherapy is now becoming a very popular and effective way to eliminate unsightly spider veins. Expert instructors at National Laser Institute will demonstrate the procedure before supervising hands-on sclerotherapy application.

## About Sclerotherapy

Spider veins or telangiectasias are characterized as tiny, intricate bursts of deep red or purple spider webs that appear on the inner thighs, knees, ankles and feet. Although considered medically harmless, at least 40% of women will suffer from these abnormal leg veins by the time they reach the age of 50. Sclerotherapy is a non-surgical, injection used to eliminate spider veins marring the legs. The sclerotherapy process of injecting irritant solutions into unwanted veins has been in use since the 1930's. The American Academy of Dermatology states that Sclerotherapy patients can expect -up to 90% visual improvement. Sclerotherapy is typically performed as an in office treatment, requiring no anesthesia.

## Course Summary

### In a one-day intensive learning environment the physician or nurse will learn:

- Anatomy and physiology related to vascular abnormalities
- Epidemiology, development, and classification of venous insufficiency
- To distinguish cosmetic vs. venous disease and ensure safe administration of medication
- Types of sclerosants as well as preparation and dilution of sclerosing agents
- Injection techniques for virtually painless treatment of spider and reticular veins
- Ways to manage issues and complications

### Benefits of adding Sclerotherapy to your practice

- Help your patients look and feel better
- Cash Business - adds cash revenue to your practice without the hassle of billing and insurance
- High profit margin. Cost of sclerosants as low as 10% of treatment cost
- Easy to start up - No equipment costs, following course completion you can begin immediately

### Who should attend?

This class is available to all:

- Nurses
- Physicians (MD, DO)
- Physician Assistants

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# CHEMICAL PEEL TRAINING

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According to ASAPS (American Society for Aesthetic Plastic Surgery), Chemical Peels were among the TOP 5 non-surgical procedures administered in 2009, along with Botox®, Dermal Fillers, Laser Hair Removal, and Laser Skin Resurfacing!

Chemical peels are not only the gold standard for skin rejuvenation and exfoliation therapy, but offer superior benefits to laser skin treatments offered in medical spas, OB/GYN facilities and physician offices nationwide. Expert instructors at National Laser Institute will demonstrate a variety of advanced clinical methods for laser enhancement peels, combination peels, and layering techniques utilizing the latest and most-requested medical-grade peel solutions for optimum results. NLI instructors will supervise hands-on application in our luxury medical spa, as well as educate students on solution application and its role.

## About Chemical Peels

Chemical Peels offer non-invasive exfoliation and skin rejuvenation results that work to retexture, smooth, and brighten the skin. Rough or dry patches can be resurfaced, uneven or irregularly pigmented spots can be minimized, and the appearance of fine lines and wrinkles can be improved, as cell turnover is increased and damaged skin cells are shed. Various concentrations and combinations of peel solutions also prove to be effective for the improvement of mild acne by stripping away plugs of keratin, oil, and dirt, that lead to outbreaks. The latest advancement in chemical peels is the laser enhancement peel. A strict solution, unique to each client, and designed to prepare the skin for a laser skin treatment, increases the beneficial outcome of the laser treatment, and patient rejuvenation results!

## Course Summary

### Attendees will learn:

- Fundamental knowledge of the most requested peels like AHAs, BHAs, Lactic Peels, Vitamin C Peels, Salicylic Acid Peels, TCAs, Vitamin A Retinol Peels, Glycolic Peels.
- Wound healing, tissue interaction, and stages of skin peeling with laser enhancement peels.
- Depth classification of low to high chemical peels.
- Basic understanding of procedure and service options for individual skin types and ages.
- Skin types and procedural protocol for treating severe conditions such as acne, irregularly textured skin, scars, wrinkles, dull skin, free-radical skin stress, photo damage, and age spots.
- Client Preparation with pre and post procedural care instructions.
- Peel contradictions and safety protocols.

### Benefits of adding Chemical Peels to your practice:

- Help your patients look and feel better!
- Add additional cash revenue sources to your existing practice!
- Become more marketable to future employers by offering new advances in chemical peel services!
- Upon completion of the course you can begin immediately!

### Who should attend?

This class is available to all:

- Nurses
- Physicians (MD, DO)
- Physician Assistants

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# CE/CME COURSE OBJECTIVES

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## **Upon completing the National Laser Institute Botox® training course the participant shows proficiency in the following course objectives:**

- Recognize the unique characteristics of a cosmetic client.
- Recognize basic theory and areas of treatment.
- Describe the anatomy, physiology, and pathophysiology.
- List safety issues and complications as well as assess indications and contraindications for treatment and proper treatment protocols.
- Acquisition of technical skills necessary to perform on and off label injection areas.
- Develop specific communication techniques to enhance the provider relationship during consultations and treatment settings.

## **Upon completing the National Laser Institute Dermal Filler Training course the participant should be able to:**

- Identify patient selection criteria.
- Evaluate the kinds of wrinkles and aging features that can be improved using learned techniques.
- Explain the pros and cons of hyaluronic acid, collagen, and other products as well as interpret when to use each of the different fillers.
- List safety issues and complications, assess indications and contraindications for treatment, and understand proper treatment protocols.
- Apply proper preparation for treatments and acquire the technical skill to perform learned injections.
- Evaluate advances in the field and opportunities for practice expansion.

## **Upon completion of laser instruction the attendee will be able to:**

- Restate the basics of laser biophysics including: physics of light, wavelength, laser mechanics, energy concepts, pulsing concepts, and impact vs. spot size.
- Explain the fundamentals of how a laser interacts with tissue including: tissue heating and heat transfer, absorption, non-linear effects, photochemistry.
- Report on how different types of light based devices interact with the skin in non-surgical procedures.
- Demonstrate awareness of common hazards, laser safety, and regulations stipulated by national, state, and local regulatory agencies.
- Observe and demonstrate proficiency performing laser and intense pulsed light treatments for hair removal.
- Formulate specific communication techniques to enhance the provider/patient relationship during consultation and treatment.

In addition to the objectives above, the student will observe and demonstrate competency in the following treatments:

- Permanent hair reduction
- Intense pulsed light skin rejuvenation
- Fractional wrinkle reduction
- Radiofrequency skin tightening
- Laser spider vein reduction
- Laser tattoo reduction

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# CE/CME TESTIMONIALS

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*"I feel like I am totally prepared to incorporate Botox® and Dermal Fillers into my practice. The hand-on experience with physicians' instruction was what I was looking for in a course."*

**-Harry Froeschke, MD**

*"Loved the hands-on portion! Great experience to get me started in my practice."*

**-Krista Wood, RN**

*"Excellent hands on experience. MD course director as well as all instructors were excellent. Quality written materials, great ROI, conducive learning environment, plenty of hands on experience I will be back for additional CME courses."*

**-Melissa Lockhart PhD, APRN**

*"I had such a great time and learned so much. I would like to take more courses and would recommend this course to all professionals wanting to learn about injectables."*

**-Alexis Harsh, RN, MSN, CNP**

*"Far exceeded my expectations, Betty was a great teacher!! Thanks."*

**-Sandeep S. Grewal**

*"The weekend was more than I expected. Great practical clinical knowledge and marketing tips. I truly believe this will positively impact my practice and the care I provide to my patients."*

**-Joy Clark, Family Nurse Practitioner**

*"First of all the school is great. School is in Scottsdale - a most affluent area - so a lot of medical aesthetics procedures are done here (the Physician's Skin Institute - attached to the school). The class is taught by top notch staff, physician and nurse. And there's lots of hands on time - which is most important. I highly recommend the class. I feel attending the class was a very worthwhile investment and I plan to attend other classes there in the future. Originally, I was looking at a different school and I'm very glad I went to NLI."*

**-Rose Brkic, RN**

*"The National Laser Institute's 7 day course was encompassing and informative. The instructors were very knowledgeable in their fields of expertise. The personalized setting provided a good forum for questions and hands-on experience. The intensity of the course prepared me to get my practice started. I would absolutely recommend this course to a colleague and a friend."*

**-Shannon Smith Maxey, MD**

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# OUR EDUCATORS, ADVISORS, AND GUEST SPEAKERS

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## **Dr. John J. Corey**

John J. Corey is an Aesthetic Plastic Surgeon who has practiced in Scottsdale, Arizona since 1993. Board certified by the American Board of Plastic Surgery and a member of both the American Society of Plastic Surgeons and American Society for Aesthetic Plastic Surgery, he was Chief of Plastic Surgery at Good Samaritan Regional Medical Center in Phoenix from 1994-1999. Dr. Corey performs all types of cosmetic surgical procedures. He lectures at Arizona State University and also serves as an Affiliate Assistant Professor at Midwestern University. Dr. Corey is one of the most respected and sought-after faculty members at the Osler Institute, which provides hands-on review for practicing plastic surgeons nationwide who are preparing for their own board certification. In 1998, Dr. Corey was voted one of the top doctors for plastic surgery by Maricopa County physicians in a CBS Channel 5 poll.

Dr. Corey's approach to plastic surgery draws on his training here in the United States as well as nuances and techniques learned while studying in Brazil. After graduating from the University of Utah School of Medicine and fulfilling prerequisite training in general surgery at Maricopa Medical Center in Phoenix, he entered the Medical College of Georgia in Augusta to begin his plastic surgery residency.

## **Dr. Jeff Angobaldo**

Dr. Angobaldo, a board-certified plastic surgeon licensed in the State of Texas, provides cosmetic and plastic surgery services. He graduated from the University of Michigan in 1996. He then attended Wayne State University where he received a Masters in Biomedical Science in 1997. He graduated with distinction from the University of Michigan School of Medicine in 2002. Dr. Angobaldo completed a 6 year integrated plastic surgery residency program and was thoroughly trained in all facets of cosmetic as well as reconstructive plastic surgery.

Dr. Angobaldo speaks throughout the country about laser liposuction and trains doctors nationally on the SlimLipo technology. He was featured on Good Morning Texas and is a national spokesman for the SlimLipo laser liposuction technology. He is a member of the American Society of Plastic Surgeons, and the American Medical Association, His fellowships include NIH Summer Research Award in 1999 and a National Medical Fellowship in 2001. Dr. Angobaldo has also authored multiple scientific papers covering many areas of plastic surgery

## **Dr. Betty Davis**

Dr. Betty Davis offers a wealth of practical knowledge and research experience as the head instructor of National Laser Institute's continuing education courses. Dr. Davis is a Board Certified Dermatologist who specializes in Cosmetic Dermatology and MOHs Surgery for Skin Cancer. She currently practices at Arizona Medical Clinic in Sun City. Dr. Davis completed the Mohs and Procedural Dermatology Fellowship with Dr. Gary D. Monheit and Dr. Christopher B. Harmon in Birmingham, Alabama. She is a member of the American College of MOHs Micrographic Surgery and Cutaneous Oncology; The American Medical Association; The Arizona Medical Association; The American Society for Dermatological Surgery and is a Fellow of The American Academy of Dermatology. Dr. Davis formerly served as Chief Resident of Dermatology in Columbia, Missouri and was awarded the most outstanding student and seminar in plastic surgery.

## **Dr. Bill Dafnis**

Dr. Bill Dafnis, or "Dr. Bill" as we adoringly call him, has been in Private Practice since 2004. After working in a group practice he became the assistant program director at John C Lincoln's Family Medicine Residency program for several years before returning to private practice. Dr. Bill has been practicing aesthetics in an outpatient setting for over 6 years and has served as an instructor for over 4 years. He has taught hundreds of doctor, nurses and dentists over this time and finds teaching others the art of aesthetics to be a very rewarding experience. Dr. Bill specializes in Botox, Dermal Fillers and Sclerotherapy and has spent extensive time over the years traveling across the country as an instructor for other CE/CME courses.

## **Dr. Jeanette Jacknin**

Dr. Jeanette Jacknin is a well-respected Dermatologist, author and clinical skin care expert. In 1983 Dr. Jacknin received her medical degree from Medical College of Virginia where she remained to complete her Dermatology Residency and later serve as their Chief Resident. Dr. Jacknin is Arizona Board Licensed and has served as a consultant to the Department of Dermatology at Maricopa County Hospital.

Dr. Jacknin is among the country's top clinical experts in both conventional and alternative skin care therapies and cosmetic Dermatology. In 2001 she wrote the first and only comprehensive book on conventional and alternative skin care therapies for best-selling publisher, Penguin Putnam titled *Smart Medicine for Your Skin*. She has been featured in popular magazines such as *Readers Digest*, *Men's Health*, *Women's World Magazine*, and *Better Homes and Gardens*, and has appeared on radio shows such as *Health Talk*, *The Deborah Ray Show* and *Wealth of Health Nutrition Hour*. Her expertise has also been referenced for articles in publications such as *Beacon News Health Bookshelf to Health*, *Lifestyles of Health and Sustainability (LOHAS) Journal*, *The Herald Journal*, and more.

## **Dr. Jennifer Linder**

*Dermatology and Mohs Skin Cancer Surgery*

As a board-certified dermatologist and fellowship-trained Mohs skin cancer surgeon, Dr. Linder is dedicated to compassionate patient care, skin cancer awareness and skin care education. She serves as Chief Scientific Officer for PCA SKIN®, a medical skin care company and as one of the foremost experts on Sculptra (the filler facelift alternative) and is a national educator for Botox®, Juvéderm™ and Restylane®. She trained at Washington University, University of Pennsylvania and Thomas Jefferson University and continues as a Clinical Instructor at the University of California, San Francisco. Dr. Linder has been quoted in *O (Oprah)*, *Elle*, *Fitness*, *Shape*, *W, Parenting*, *New Beauty and Prevention*, *3-TV*, *NBC-12* and regularly featured on *ABC-15's Sonoran Living*.

## **Dr. Sonja Pettersen**

Sonja Pettersen N.M.D. is licensed in Arizona to practice primary care medicine specializing in natural therapeutics. She received her Doctor of Naturopathic Medicine from the National College of Naturopathic Medicine in Portland, OR in 1998 and completed a year of residency in 1999 at the same college. She is currently certified in the aesthetic arts of Laser hair removal and Botox® injections. Dr Pettersen is one of the medical directors at Physician's Skin Institute and a Laser Instructor at National Laser Institute.

Dr. Pettersen's practice harmonizes the *Vis Medicatrix Naturae*, or the healing power of nature with the modern day demands of her patients. Her practice exemplifies a holistic approach to patient care through a variety of modalities including Frequency Specific Microcurrent, European Drainage, clinical nutrition, botanical medicine, I.V. therapy including chelation, homeopathy, functional medicine, hyperbaric oxygen therapy, Ortho Bionomy and mind-body techniques. She is also a Certified Hypnotherapist and Neuro Linguistic Programming practitioner. 1997 Dr. Pettersen trained over 300 health-care practitioners in Frequency Specific Microcurrent, a revolutionary technique for healing damaged tissue through high frequencies.

## **Jan Treinen, R.N. BSBA**

Jan is a Registered Nurse and Certified Laser Technician, holding a Bachelors degree in Business Administration. She brings her many years of experience in the health care field and personal success as a spa owner to help educate students and share her passion for this industry. Her current work as Western US Clinical Training Manager for one of the largest national laser companies in the country takes her across the US to educate and train on all aspects of light and laser physics, skin resurfacing and rejuvenation, hair reduction and photofacials. She is also certified in all aspects of aesthetic medicine. Her interest and experience in business start up and marketing, allows students to benefit from her personal and professional experience, as well as her clinical expertise. At NLI, Jan takes pride in helping all students follow their dreams and achieve their goals.

## **Mary Sullivan-Bryan, R.N.**

Mary Sullivan-Bryan, RN owner of her own medical spa, attended Northwestern University and worked for 15 years in critical care before starting her aesthetic practice in Las Vegas five years ago. She is certified by Inamed (the manufacturer of Collagen and Captique) as a dermal filler specialist. Upon specific request of Allergan, the Botox® manufacturer. Mary is currently teaching exclusive Advanced Botox® Injection technique seminars, called "Injecting with Confidence." She serves as a trainer and consultant for one of the largest publicly traded laser companies. Mary is also a faculty member/clinical educator of P.A.L.E.T.T.E. whose activities are supported by an unrestricted educational grant from Allergan, Inc.

### **Sharon Epting, R.N., C.L.T.**

Sharon a Registered Nurses has been a health care professional for over twenty years. She transitioned into the aesthetic arena in 2000, where she discovered her passion. She is a Laser Certified Technician as well as instructor for National Laser Institute. Her expertise is Laser Hair Removal, Photofacial, and Cellulite Reduction. Sharon has performed countless treatments, as well as managed Medspas in California and Arizona. She is currently a partner in a Arizona medical spa.

### **Kris Drolshagen, C.L.T., L.E., L.S.O.**

Sought out as an expert witness in laser related lawsuits for safety protocols and case reviews, Kris is known as an authority figure in the field of Advanced Laser Physics. She practices with Laser and Light-Based therapies, is a Licensed Aesthetician, Certified Laser Technician, Laser Safety Officer and one of the Lead Instructors at National Laser Institute. Kris has been educating on Lasers for over five years, and has appeared on many television shows in the Phoenix area regarding today's most popular topics in Laser and Light: State Regulations, Hair Reduction, Photofacials, Acne Treatments and Tattoo Removal. Kris is also a member of the American Society for Laser Medicine & Surgery (ASLMS), which promotes excellence in patient care by advancing biomedical application of lasers and other related technologies worldwide, and speaks regularly at Aesthetic schools on the topic of lasers and treatments with such machines. She is known for bringing a quick sense of humor to her talks and for being able to make her teachings not only easy to understand, but fun as well. Almost obsessed with lasers, she has infamously trademarked The Laser Chick! clothing and t-shirt line.

### **Shana Yates, C.M.L.T., L.S.O., L.E.**

Shana has over 22 years of experience in the cosmetic/aesthetic/medical industry. She has over 2000 hours of advance diploma certificate courses in paramedical aesthetic training. Shana is the national educator for Ultra-ceuticals and trained for 3 years for them internationally. She is a board certified instructor and trainer for various equipment modalities and an ARRA approved laser instructor. Many years of industry work include owning and operating a medical spa in California, putting together curriculums for aesthetic schools and writing protocols and presentations for various cosmeceutical companies.

### **Shelley Cook, C.L.T., L.S.O.**

Shelley Cook, a California native is now a resident of Cave Creek, Arizona and has lived in the valley for 14 years. In addition to bearing the credentials of Laser Tattoo Specialist and Certified Laser Technician, Shelley is one of the only tattoo removal specialist in the valley that is also a Clinical Laser instructor at the nationally recognized National Laser Institute. On a monthly basis she teaches doctors, nurses, aestheticians and others how to perform safe and effective laser treatments. Shelley continues to teach as she has a passion for education, helping others and staying at the forefront of the industry. Shelley's customers feel like they are in great hands knowing their tattoo removal technician is also a current instructor of laser procedures. Shelley is also about to start training for one of the fastest growing publicly traded Laser Manufactures to train doctors, nurses, aestheticians and laser technicians how to perform tattoo removal procedures.

### **Kelly Wise, C.L.T., L.P.N., L.S.O.**

Kelly is a licensed Clinical Aesthetician and certified Laser technician, whom has worked in Medical Aesthetics for seven years. Kelly has worked with multiple plastic surgeons, where she developed a wealth of knowledge of all aesthetic procedures. She is certified and trained in Chemical Peels, Microdermabrasion, Laser Hair Reduction, Photofacial (IPL), Tattoo Removal, and other laser procedures. Kelly is committed to continually educate herself and others on the latest cutting edge advances in Medical Aesthetics. Kelly is currently attending nursing school to pursue cosmetic injections in addition to laser.

### **Debbie Schechner, C.L.T., L.S.O.**

Debbie is both a Certified Laser Technician and instructor for National Laser Institute. She displays, quite evidently, her enthusiasm and passion for teaching, as well as continuing her own education in the many facets of skincare through the use of the latest technologies available.

### **Tara Sissel, C.L.T., L.E.**

Tara has been a licensed medical aesthetician for over 10 years. She has also owned and operated a successful salon and spa for many years, as well as worked for a top dermatology and plastic surgery group here in the Phoenix valley. Tara has been an instructor at NLI for nearly three years. She is also a laser technician at the NLI medspa, and her specialties include Intense Pulse Light modalities and Acne treatments.

### **Kellie Jones, C.L.T., L.E.**

As a licensed aesthetician and a certified laser technician, Kellie has been an instructor at National Laser Institute for over three years. In her 12 years of working in the aesthetic industry, Kellie has had the opportunity to perform many of the most popular treatments and gain an expertise in laser aesthetics. Kellie continues to see clients on a daily basis and instruct NLI students in hands-on classes where she shares her knowledge of exceptional client relations. Kellie has worked with noted plastic surgeons and launched a successful laser cosmetic services department for an OBGYN office.

### **Jodi Stephens, RN, BSN, CMLT**

Jodi has over 20 years experience in nursing. She graduated from Arizona State University with a Bachelor of Science in Nursing and is a certified laser technician in the state of Arizona. Jodi has specialized in the field of Medical Aesthetics for over seven years and is certified to provide Botox, Dermal fillers, Sclerotherapy, Chemical Peels, Microdermabrasion, Laser Skin Rejuvenation and Hair Removal. Jodi has worked with and learned from the leading Plastic Surgeons and Dermatologists. She has extensive hands-on experience and performs thousands of hours of laser and nonsurgical cosmetic procedures. Jodi currently works as a National Trainer for National Laser Institute.

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# REGISTRATION INFORMATION

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National Laser Institute offers a selection of continuing medical education courses to meet your needs. Our most popular, comprehensive, and economical course is the our 7-Day Medical Aesthetics Training. We also offer training ranging from one to five days in length to meet any medical professionals schedule.

## Course Registration - Pricing

\$5,550 7 Day CE/CME Medical Aesthetics Training (Most popular)

\$3,550 Five Days Laser Training

\$3,750 Three Days of Injectable Training - Botox®, Dysport™, Fillers and Sclerotherapy

\$2,750 Two Days of Injectable Training - Botox®, Dysport™, Fillers

\$1,495 One Day of Injectable Training - Botox®, Dysport™, Fillers or Sclerotherapy

\$2,750 Two Days of Advanced Injectable Training - Botox®, Dysport™, Fillers

(For those who have experience injecting or those who have taken our standard injectable training courses)

\$1,495 One Day of CO<sub>2</sub>/Fractional Laser Course

\$795 One Day of Chemical Peel Training

\$5,950 Two Days of Autologous Fat Transfer

\$4,950 Two Days of Laser Liposuction Training

(Previous Liposuction experience required)

## Why National Laser Institute?

- Small classes and hands-on instruction
- Dermatologist/Plastic Surgeon instructors
- Max of 5:1 ratio of attendees per instructor
- Expand your knowledge base and skill set
- Complimentary daily lunch
- Begin offering comprehensive anti-aging solutions to your patients
- Elevate your practice apart from the rest
- Marketing and business development seminar

**Ask us about our locations coming soon to:**

**Las Vegas • New York • Chicago • Toronto**

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# FINANCING

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**Financing available, call for specific details.**

## **Military Grant**

National Laser Institute is proud to participate in the Military Spouse Career Advancement Accounts (MyCAA) program, provided by the Department of Defense (DOD) for accredited and credentialing schools. This program provides up to \$6,000 of Financial Assistance to military spouses who are seeking certifications needed for employment in portable career fields, such as Laser and Medical Aesthetics.

To learn more about Military Grants, please contact one of our friendly representatives today at 1-800-982-6817.

# CE/CME COURSE SCHEDULES 2011

Arizona 7-Day Course Dates	Arizona Botox® / Filler Weekends Dates	Arizona Advanced Botox® / Filler Weekends
January 3 - 9	January - No Class	January - No Class
February 7 - 13	February 5 - 6	February 5 - 6
March 7 - 13	March - No Class	March - No Class
March 28 - April 3	April - No Class	April - No Class
April 26 - May 1 - Starts Tuesday	May 28 - 29	May 7 - 8
May 23 - 29	June 25 - 26	June - No Class
June - No Class	July 16 - 17	July - No Class
July 11 - 17	August - No Class	August 6 - 7
August - No Class	September 10 - 11	September - No Class
September 6 - 11 - Starts Tuesday	October - No Class	October - No Class
October 31 - November 6	November 5 - 6	November - No Class
November - No Class	December - No Class	December 3-4
December - No Class		

Texas 7-Day Course Dates	Texas Botox® / Filler Weekends
January - No Class	January - No Class
February - No Class	February - No Class
March - No Class	March - No Class
April - No Class	April - No Class
May - No Class	May - No Class
June No Class	June - No Class
July - No Class	July - No Class
August 8 - 14	August 13 - 14
September - No Class	September - No Class
October 3 - 9	October 8 - 9
November - No Class	November - No Class
December 3 - 9	December 3 - 4

Ask about our additional courses in Sclerotherapy, Chemical Peels, CO<sub>2</sub>/Fractional Laser & Laser Lipo

# REGISTRATION FORM

## CHECK LOCATION

Scottsdale, Arizona     Dallas, Texas

## LASER/ADDITIONAL

- A Laser Classroom/Didactic (5-Day)
- B Laser Hair Removal Course (8-Day)
- C Comprehensive Laser (14-Day)
- D Core Training Course (8-Day)
- E Just Tattoo Removal (3-Day)
- F Chemical Peels (1-Day)
- G Skin Rejuvenation (1-Day)

## CE/CME LASER

- Comprehensive Laser (5-Day)
- CO<sub>2</sub>/Fractional Course (1-Day)

## CE/CME INJECTABLE

- Botox®, Dysport (1-Day)
- Dermal Fillers (1-Day)
- Sclerotherapy (1-Day)
- Advanced Botox® and Dermal Fillers (Weekend)

## CE/CME SURGICAL

- Laser Liposuction (Weekend)
- Autologous Fat Transfer (Weekend)

## CE/CME ADDITIONAL

- Chemical Peel (1-Day)

Admissions Rep: \_\_\_\_\_

Reserve My Seat Deposit: \$250 (Fully Refundable)

Course Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_

Cellular Phone (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

(NLI retains all student information for internal use only.)

Name On Graduation Certificate (Please Print): \_\_\_\_\_

## HOW DID YOU HEAR ABOUT US? (Check All That Apply)

Internet: Which search engine did you use? (ie: Google, Yahoo) \_\_\_\_\_

Which Keywords did you use: (ie: laser school) \_\_\_\_\_

Print: Advertisement  Article  Postcard/Mailing  Seminar  TV  Trade Show

Referral Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Other: \_\_\_\_\_

## PAYMENT

Tuition \$: \_\_\_\_\_  Financing  MyCAA  Outside Funding  Other

Special Instructions: \_\_\_\_\_