

APRIL  
2014

## TECH SPOTLIGHT

SCOTTSDALE, AZ:  
**HILARY NANCE**

**H**ilary grew up in Valdosta, Georgia and now calls Arizona home. She loves working alongside her “incredibly knowledgeable colleagues” and says that NLI has a truly amazing team. Hilary loves giving laser facials because they tighten skin, decrease unwanted pigment and minimize pores—without downtime. She pampers herself with monthly fotofacials and can’t live without Neova DNA Damage Control Silc Sheer SPF 40—a fantastic SPF that doesn’t feel heavy or greasy, gives skin a beautiful glow and also acts as a makeup primer. Hilary says, “Your makeup will look flawless!”



DALLAS, TX:  
**AMI MONTAGUE**

**A**mi originally hails from Coeur d’Alene, Idaho and now calls Dallas her home. She received both a nursing license and esthetician license in 1998 and became a certified laser technician in 2003. She is an expert injector of dermal fillers and Botox, incorporating both a gentle touch and artistic eye. Ami says that it isn’t uncommon to make clients look ten years younger in a short amount of time—in her words, “What isn’t EXCITING about that?!” She also loves giving photo facials for rosacea and Micro Laser Peel/Pro-Fractional combination for aging skin. Product Ami can’t live without? Vivité Daily Antioxidant Serum.



the  
**skinny**

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Price per treatment. Expires April 30, 2014. Restrictions may apply. Treatments are performed privately with one of our expert technicians.

## VA-VA-VOLUMA

**A**s we age, wouldn’t it be great if our tummy lost as much fat as our face? Funny how that works! In fact, fat (or volume) loss in the face’s midsection is one of the hallmarks of getting older; tending to make us look drawn and tired when we feel anything but. Luckily, our friends at Allergan (manufacturer of anti-aging injectables including Botox and Juvederm) have created a miraculous soft tissue filler called Voluma—the first FDA-approved filler to instantly add volume to the cheek area.

Voluma’s consistency is thicker and more viscous than Juvederm, making Juvederm perfect for lips and Voluma ideal for cheeks. It can be gently molded by the experienced injector to yield the most natural-looking result, and because of Voluma’s greater viscosity, it lasts nearly twice as long as other fillers—up to two years.

Now you don’t have to worry about getting a “pillow face” (overly-plumped cheeks caused by too much filler) because Voluma is made of hyaluronic acid, a naturally occurring substance in the body; it adds a subtle, non-surgical lift to the cheeks that will leave you looking instantly refreshed—not puffy.

Who’s the ideal candidate for Voluma? Virtually anyone who wants a little “oomph” in their facial mid-region—that includes clients in their 20s with poorly-defined cheekbones, clients in their 30s and 40s with noticeable volume loss who desire understated rejuvenation, and those in the 50s, 60s and beyond who want a more youthful look but have concerns about plastic surgery.

Talk to one of our expert injectors today about how beautiful Voluma can make your face, and leave the pillows for sleeping.



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16601 North 90th Street · Scottsdale, Arizona 85260  
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3850 West Northwest Highway, Suite 1110 · Dallas, Texas 75220  
**214.252.7800**

# SKINCARE SPOTLIGHT

## NEOVA DNA TOTAL REPAIR

You've cleaned up your skincare act and are now (hopefully) using sunscreen daily. But still, once in a while you forget or perhaps, while you're relaxing on vacation in a sunny locale, throw caution to the wind and sit outside barefaced. Horrors! If only there were a magical potion that could be applied topically to the skin, cleaning up the damaging visible effects of sun exposure and free radicals before they become permanent.

There is! Neova DNA Total Repair is a unique, groundbreaking formula that targets environmental stresses that damage the skin, while at the same time improving skin's texture and tone. Twice daily usage can produce dramatic results in just a few weeks, and some clients even report using it to soften aging knees and elbows.



### Beauty Buzz: Pineapple Extract

Most folks know that pineapple is good for you, but do you also know that it is packed with complexion-boosting enzymes? Used topically, pineapple extract sloughs away dead skin cells and polishes the surface to a smooth, fresh and luscious finish. Look for pineapple extract in Rhonda Allison's Derma Peel—an NLI client fave.



### Skin Fact or Fiction: No Hope for Cellulite?

False! Though cellulite is one of the more difficult skin conditions to correct, thanks to the newest laser cellulite reduction technology—there is hope for smoother, less dimpled skin. At NLI, we use radiofrequency, infrared energy, mechanical rollers, vacuum suction, and heat in proper combination to promote drainage and decrease fat cells. Lifestyle also plays a role. Drinking plenty of purified water and getting regular enhance treatment results..



### Cosmetic Surgery Corner: Mommy Makeover

Now is the perfect time to consider the "Mommy Makeover", a full-body surgical rejuvenation to bring back your beautiful pre-baby bod. Procedures can be performed individually or in combination and typically include breast augmentation and/or breast lift, tummy tuck and liposuction. For more information on the Mommy Makeover, contact us at 480.290.7333 or info@NLImedspa.com - Scottsdale only - for more details. Receive \$500 off if booked by June 1, 2014.

## SHOCK DOC: DID YOU KNOW?

Though it may sometimes seem like men have it easier—when it comes to orgasms, women finally get a break. The average male orgasm lasts only six seconds while a female's goes on-and-on-and-on for a whopping 20 seconds. I'll have what she's having.

## OUR CLIENTS ARE SAYING

The instructor Dr. Treen (sp.) is excellent and I felt comfortable and empowered as we worked on my filler treatment. I would recommend NLI to anyone. I am sure I will be returning for additional treatments as I trust everyone and prices are reasonable.

Linda F.

I love visiting NLI!! All the crew are extremely professional and it is a great atmosphere to walk in to! Great improvements and success with each treatment!

Paulette G.

Absolutely wonderful. Total professionalism. Such a nice environment. I recommend them very highly.

Patricia M.

Amazing place. Very professional and trustworthy. The people working here (are) trained and I love that they won't sell me something I don't need! Melissa Guerry and Amy are my favorites!

Cassie B.

I had a fractional laser resurfacing treatment done by Jill. She did a great job. Jill is friendly and knows what she is doing. Thank you for the great experience. I am looking forward to my second session.

Anja K.

Love all of the instructors, and they are especially lovely during the treatment sessions!

Candace J.



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