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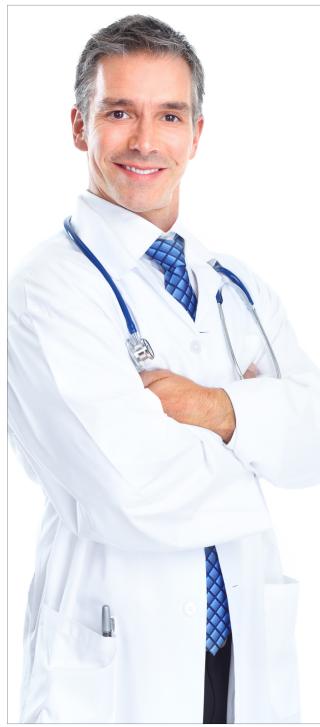
"I feel like I am totally prepared to incorporate BOTOX" and Dermal Fillers into my practice. The hands-on experience with physicians' instruction was what I was looking for in a course."

Harry, MD

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**1.800.982.6817** learn@NLlonline.com

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# CE/CME INTRODUCTORY & ADVANCED COURSES

BOTOX°, Dysport°, dermal fillers, cosmetic lasers, sclerotherapy, ablative laser skin resurfacing, Intense Pulsed Light (IPL) skin rejuvenation, radiofrequency skin tightening, laser tattoo removal, chemical peels and bioidentical hormone replacement therapy (BHRT).

ational Laser Institute (NLI) offers the highest quality and most comprehensive hands-on medical aesthetics and anti-aging training in the United States. If you are a medical professional who wants to learn a new skill set and increase your earning potential, we have a course for you. Our courses include hands-on training with BOTOX®, Dysport®, dermal fillers, cosmetic lasers, sclerotherapy, ablative laser skin resurfacing, Intense Pulsed Light (IPL) skin rejuvenation, radiofrequency skin tightening, laser tattoo removal, chemical peels and bioidentical hormone replacement therapy (BHRT).

Americans spent nearly \$10 billion on cosmetic nonsurgical procedures in 2011.\* 12 million cosmetic nonsurgical procedures were performed, including BOTOX® injections, dermal fillers, laser hair removal, chemical peels, microdermabrasion and skin rejuvenation. According to the American Society for Aesthetic Plastic Surgery (ASAPS), BOTOX® was ranked as the #1 nonsurgical cosmetic treatment with over 2 million procedures performed last year. Both dermal fillers and laser hair removal were also ranked in the top 5, both with nearly a million treatments performed.

As a medical professional, you can benefit from cosmetic injectable, laser and BHRT training because these treatments

are in high demand and clients are willing to pay top dollar for them. Whether your intention is to add BOTOX® or additional anti-aging services to your practice, seek employment or learn a variety of new skill sets, our top-of-the-line training programs can help get you started in this billion dollar industry. Simply put, medical aesthetics is a cash business!

\*Data retrieved from the American Society for Aesthetic Plastic Surgery

# WHAT MAKES NLI CE/CME TRAINING COURSES UNIQUE?

- Attend courses that are led by skilled plastic surgeons, dermatologists, cosmetic surgeons, leading physicians, nurses and laser experts.
- Benefit from a team of the country's leading experts who provide education in medical aesthetics and antiaging.
- Attend the training institute that is recognized across the U.S. and around the globe as the gold standard of education in the medical aesthetics and anti-aging industry.
- Take part in comprehensive training courses that may be convenient for your unique schedule with classes that range from 1 day to 2 weeks.



# CE/CME INTRODUCTORY & ADVANCED COURSES (CONT.)

- Learn the most advanced techniques, skills and marketing expertise that are necessary in order to incorporate nonsurgical cosmetic and anti-aging treatments into your practice.
- Receive an incomparable educational experience by taking part in hands-on training with state-of-the-art laser equipment.
- Practice your new skill sets within a luxury medical spa setting.
- Benefit from custom DVDs on medical aesthetics marketing and the ABCs on how to perform injections.

# APPROVED FOR CONTINUING EDUCATION CREDITS

To best serve you and your educational needs, National Laser Institute's training courses are approved for CE/CME credits by the Arizona Nurses Association (AZNA) and the American Academy of Family Physicians (AAFP). Attendees are able to earn up to 66 prescribed AAFP credits (8.25 credits per day), accepted by the American Medical Association, which is equivalent to an AMA PRA Category 1 Credit™ toward the AMA Physician Recognition Award.

### **INTRODUCTORY COURSE MODALITIES:**

### BOTOX®, DYSPORT® AND DERMAL FILLERS

- Patient candidacy
- Injection techniques
- Indications and contraindications
- Types of fillers and their applications
- Hands-on injectable training
- Business development seminar

### **TECHNOLOGY-BASED PROCEDURES**

- Laser permanent hair reduction
- IPL photofacial skin rejuvenation
- Laser wrinkle reduction
- Ablative skin resurfacing
- Radiofrequency skin tightening
- Laser tattoo removal
- Laser and radiofrequency vein reduction

# CE/CME COURSE OBJECTIVES

"NLI's course was everything I expected and more. The staff was very helpful. To work and learn the most current laser technology and to learn the most current techniques gave me all the confidence I need to get out there and start applying in the 'real world.' Once again, great school. I would not choose another school if I had a chance to do it again!"

James, RN

# Upon completing the National Laser Institute BOTOX® and Dysport® training course, you should show proficiency in the following course objectives:

- Recognize the unique characteristics of a cosmetic client.
- Recognize basic theory and areas of treatment.
- Describe the anatomy, physiology and pathophysiology.
- List safety issues and complications as well as assess indications and contraindications for treatment and proper treatment protocols.
- Acquisition of technical skills necessary to perform on and off label injection areas.
- Develop specific communication techniques to enhance the provider relationship during consultations and treatment settings.

# Upon completing the National Laser Institute dermal filler training course, you should be able to:

- Identify patient selection criteria.
- Evaluate the kinds of wrinkles and aging features that can be improved using learned techniques.
- Explain the pros and cons of hyaluronic acid, collagen and other products as well as interpret when to use each of the different fillers.
- List safety issues and complications, assess indications

- and contraindications for treatment and understand proper treatment protocols.
- Apply proper preparation for treatments and acquire the technical skill to perform learned injections.
- Evaluate advances in the field and opportunities for practice expansion.

# Upon completion of laser instruction, you will be able to:

- Restate the basics of laser biophysics including: physics of light, wavelength, laser mechanics, energy concepts, pulsing concepts and impact versus spot size.
- Explain the fundamentals of how a laser interacts with tissue including: tissue heating and heat transfer, absorption, nonlinear effects and photochemistry.
- Report on how different types of light based devices interact with the skin in non-surgical procedures.
- Demonstrate awareness of common hazards, laser safety, and regulations stipulated by national, state and local regulatory agencies.
- Observe and demonstrate proficiency performing laser and intense pulsed light treatments for hair removal.
- Formulate specific communication techniques to enhance the provider/patient relationship during consultation and treatment.

# In addition to the objectives above, you will observe and demonstrate competency in the following treatments:

- Permanent laser hair reduction
- IPL photofacial skin rejuvenation
- Laser wrinkle reduction
- Ablative skin resurfacing
- Radiofrequency skin tightening
- Laser and radiofrequency vein reduction





"First of all, the school is great. The school is in Scottsdale - a most affluent area - so a lot of medical aesthetics procedures are done here [at National Laser Institute Medical Spa - attached to the school]. The class is taught by top notch staff, physicians and nurses. And there's lots of hands on time - which is most important. I highly recommend the class. I feel attending the class was a very worthwhile investment and I plan to attend other classes there in the future. Originally, I was looking at a different school, but I'm very glad I went to NLI."

Rose, RN

# BOTOX®, DYSPORT® AND DERMAL FILLERS COURSE DESCRIPTION

Physicians, nurses and physician assistants who complete this course will become familiar with BOTOX®, Dysport® and dermal filler treatments while learning appropriate techniques for their uses.

### **BOTOX® AND DYSPORT® OVERVIEW**

- Forehead
- Crow's feet
- Glabella

### **BOTOX® AND DYSPORT® OBJECTIVES**

- Didactic education
- BOTOX®/Dysport® treatment demonstration
- BOTOX®/Dysport® hands-on clinical training

### **DERMAL FILLER OVERVIEW**

- Nasal labial folds
- Lip plumping
- Marionette lines

# **DERMAL FILLER OBJECTIVES**

- Didactic education
- Dermal filler treatment demonstration
- Dermal filler hand-on clinical training



This comprehensive medical aesthetic training course is designed to prepare physicians, physician assistants and nurses to safely deliver both cosmetic injectable and laser modalities\*, such BOTOX®, Dysport®, dermal fillers, cosmetic lasers, sclerotherapy, ablative laser skin resurfacing, Intense Pulsed Light (IPL) skin rejuvenation, radiofrequency skin tightening, laser tattoo removal, chemical peels and bioidentical hormone replacement therapy (BHRT). \*Modalities may change based on market demand.

# **DAY ONE (MONDAY)**

### **Didactic Classroom**

As a medical professional, you will be introduced to an overview that provides key knowledge about laser biophysics, tissue interaction, hair and skin review and laser safety protocols. This seminar will also provide information on which skin types are best suited to specific treatments as well as medical conditions that are incompatible with laser treatments.

# LASER & INJECTABLES COURSE DESCRIPTION

"National Laser Institute's 7 day course was encompassing and informative. The instructors were very knowledgeable in their fields of expertise. The personalized setting provided a good forum for questions and hands-on experience. The intensity of the course prepared me to get my practice started. I would absolutely recommend this course to a colleague and a friend."

Shannon, MD

# **DAY TWO (TUESDAY)**

### **Clinical and Laser Practice**

You will review the important points of laser safety as well as patient pre-screening. You will also experience hands-on training within a luxury medical spa setting by performing laser, Intense Pulse Light (IPL) and radiofrequency services for a variety of cosmetic and anti-aging results.

# **DAY THREE** (WEDNESDAY)

### **Clinical and Laser Practice**

You will review the important points of laser safety as well as patient pre-screening. You will also experience hands-on training within a luxury medical spa setting by performing laser, Intense Pulse Light (IPL) and radiofrequency services for a variety of cosmetic and anti-aging results.

# **DAY FOUR (THURSDAY)**

### **Clinical and Laser Practice**

You will review the important points of laser safety as well as patient pre-screening. You will also experience hands-on training within a luxury medical spa setting by performing laser, Intense Pulse Light (IPL) and radiofrequency services for a variety of cosmetic and anti-aging results.

# **DAY FIVE (FRIDAY)**

### **Clinical and Laser Practice**

You will review the important points of laser safety as well as patient pre-screening. You will also experience hands-on training within a luxury medical spa setting by performing laser, Intense Pulse Light (IPL) and radiofrequency services for a variety of cosmetic and anti-aging results.

## **DAY SIX** (SATURDAY)

BOTOX® and Dysport® Treatments

Marketing and Business Seminar (during lunch)

# **DAY SEVEN (SUNDAY)**

Dermal Fillers: Restylane™, Juvederm™ and more

## **DAY EIGHT** (MONDAY)

**Intro to Advanced Injectables** 

NATIONAL LASER INSTITUTE 2014 CE/CME COURSE INFORMATION

1.800.982.6817

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# BIOIDENTICAL HORMONE REPLACEMENT THERAPY

The global market for hormone replacement therapy is expected to reach nearly \$26 billion this year. Hormone deficiencies don't just occur with the onset of menopause. In fact, hormone deficiencies currently affect over 55 million women and men in the United States and can be caused by irregular hormone imbalance, menopause, andropause, the removal of the ovaries and more. Bioidentical hormone replacement therapy has been safely used in 5 continents and has been studied for 8 decades. In our bioidentical hormone replacement therapy course, you'll learn the most advanced techniques of bioidentical hormone pellet therapy from medical professional experts in this field.

# ABOUT BIOIDENTICAL HORMONE REPLACEMENT THERAPY TREATMENTS

Bioidentical hormone replacement pellet therapy is one of the safest and most effective ways to treat hormone deficiencies in patients. The goal of biological hormone replacement therapy is to address your symptoms, test what hormones you're lacking and restore the hormones your body needs. One of the most important aspects of BHRT is that you have the ability to help add quality of life to your patients. As a medical professional, you can also benefit from adding this non-surgical treatment to your practice because it is a cash-in-hand procedure that has the ability to bring in \$350 per client. Because it typically takes just 15 minutes, you can also quickly increase your revenue without the hassle of insurance.

### **COURSE SUMMARY**

One-Day Intensive Learning Environment Objectives

- Understand the factors that lead to low estrogen.
- Learn how to safely replace estrogen, testosterone and progesterone.
- Discover the benefits of pellet therapy.
- Understand how and when to adjust hormone levels.

## **PATIENT BENEFITS**

- · Weight loss
- Increase libido
- Reduce mood swings
- Help reduce hot flashes
- Rejuvenate energy
- Increase mental clarity
- Reduce the risk of heart disease
- And more

- Physicians (MD, D0)
- Naturopathic Physicians
- Physician's Assistants
- Nurse Practitioners
- Nurses (RN)



# ABLATIVE SKIN RESURFACING TRAINING

Procedures like the Erbium laser, CO2 and other ablative laser treatments are the most advanced treatments of their kind. According to the ASAPS, there were over 400,000 laser skin resurfacing procedures performed last year.

## **ABOUT ABLATIVE SKIN RESURFACING TREATMENTS**

These innovative laser technologies offer deeper and more aggressive penetration of the skin than traditional skin rejuvenation lasers, stimulating optimal collagen remodeling for the ultimate in skin resurfacing. The remarkably small spot size and expanded control of density and depth as well as increased speed offered by these procedures will broaden your capabilities, giving you the ability to offer truly customizable treatments tailored to improving varied skin concerns. These treatments effectively improve tone, tightening and texture, reducing the appearance of fine lines, uneven texture, dyschromia, skin laxity, moderate to deep wrinkles and scars.

Adding these skill sets allows you to meet the demand for nonsurgical treatments while creating a new revenue stream to your existing practice. You can now learn the fundamentals of ablative skin resurfacing through our supervised hands-on workshop and begin offering patients intense skin rejuvenation. You will also benefit from experts in the field who possess exceptional skill and experience. Most importantly, you'll walk away from our ablative skin resurfacing course with the confidence and expertise to give your patients the anti-aging results they want—a more youthful, vibrant appearance without invasive surgery.

### **COURSE SUMMARY**

One-Day Intensive Learning Environment Objectives

- Learn traditional applications of the ablative skin resurfacing treatments.
- Discover how to assess individual patient's needs and determine which treatment protocols are best suited for them.
- Understand how to incorporate complete control of depth per spot, density of scanned spots, spot shape and pattern size.
- Learn how to customize these treatments for your many unique patients.
- Explore proficiency with the various treatment modalities.

# BENEFITS OF ABLATIVE SKIN RESURFACING TRAINING

- Help your patients look and feel better.
- Add additional services for patients looking for a more aggressive skin rejuvenating treatment.
- Cash service (No hassle of billing insurance providers)
- High profit margin (the average ablative skin resurfacing treatment typically retails for up to \$2,500)

- Physicians (MD, D0)
- Naturopaths
- Physician's Assistants
- Nurse Practitioners
- Nurses (RN)



# **SCLEROTHERAPY TRAINING**

Widely used in Europe for years, Sclerotherapy is now becoming a very popular and effective way to reduce unsightly spider veins. Although considered medically harmless, at least 40% of women will suffer from these abnormal leg veins by the time they reach the age of 50. As a medical professional, you have the opportunity to learn from expert instructors who will demonstrate the procedure before supervising handson sclerotherapy application.

### **ABOUT SCLEROTHERAPY**

Spider veins, or telangiectasias, are characterized as tiny, intricate bursts of deep red or purple spider webs that appear on the inner thighs, knees, ankles and feet. Sclerotherapy is a non-surgical injection used to eliminate spider veins marring the legs. The sclerotherapy process of injecting irritant solutions into unwanted veins has been in use since the 1930's. The American Academy of Dermatology states that Sclerotherapy patients can expect up to 90% visual improvement.

As a medical professional, you are able to perform sclerotherapy as an in-office treatment, requiring no anesthesia. Because it is a safe, fast and effective treatment, you gain the opportunity to build a clientele while earning extra revenue for your practice. Most importantly, you have the skill sets to help bring confidence to clients when it comes to their skin.

### **COURSE SUMMARY**

One-Day Intensive Learning Environment Objectives

- Learn anatomy and physiology related to vascular abnormalities.
- Understand epidemiology, development, and classification of venous insufficiency.
- Discover how to distinguish cosmetic vs. venous disease and ensure safe administration of medication.
- Recognize types of sclerosants as well as preparation and dilution of sclerosing agents.
- Learn injection techniques for virtually painless treatment of spider and reticular veins.
- Explore ways to manage issues and complications.
- Hands-on clinical training with actual treatment models.

# BENEFITS OF SCLEROTHERAPY TRAINING

- Help your patients look and feel better.
- Cash business that adds cash revenue to your practice without the hassle of billing and insurance.
- High profit margin. The cost of sclerosants is as low as 10% of treatment cost.
- Easy to start up. No equipment costs following course completion, so you can begin immediately.

- Physicians (MD, D0)
- Naturopathic Physicians
- Physician's Assistants
- Nurse Practitioners
- Nurses (RN)



# CHEMICAL PEEL TRAINING

According to ASAPS, chemical peels are among the top 5 nonsurgical procedures along with BOTOX®, Dysport®, dermal fillers, laser hair removal, and laser skin resurfacing. Chemical peels are not only one of the gold standards for skin rejuvenation and exfoliation therapy, but offer amazing benefits in addition to laser skin treatments offered in medical spas, OB/GYN facilities and physician offices nationwide.

### **ABOUT CHEMICAL PEELS**

Chemical peels offer non-invasive exfoliation and skin rejuvenation results that work to retexture, smooth, and brighten the skin. Rough or dry patches can be resurfaced, uneven or irregularly pigmented spots can be minimized, and the appearance of fine lines and wrinkles can be improved as cell turnover is increased and damaged skin cells are shed. Various concentrations and combinations of peel solutions also prove to be effective for the improvement of mild acne by stripping away plugs of keratin, oil, and dirt that lead to outbreaks. The latest advancement in chemical peels is the laser enhancement peel. A strict solution, unique to each client, and designed to prepare the skin for a laser skin treatment, increases the beneficial outcome of the laser treatment and patient rejuvenation results.

With our chemical peels training course, you will learn from expert instructors and understand how to perform a variety of advanced clinical methods for laser enhancement peels, combination peels and layering techniques utilizing the latest and most-requested medical-grade peel solutions for optimum results. You will also receive hands-on application under the supervision of NLI instructors as well as study solution applications and their role in skincare. Because chemical peels are an affordable luxury, you'll be able to build your clientele while increasing your revenue.

### **COURSE SUMMARY**

**Intensive Learning Environment Objectives** 

- Gain fundamental knowledge of the most requested peels like AHAs, BHAs, lactic peels, vitamin C peels, salicylic acid peels, TCAs, vitamin A retinol peels, glycolic peels.
- Understand wound healing, tissue interaction and stages of skin peeling with laser enhancement peels.
- Recognize depth classification of low to high chemical peels.
- Retain a basic understanding of procedure and service options for individual skin types and ages.
- Learn about different skin types and procedural protocol for treating severe conditions such as acne, irregularly textured skin, scars, wrinkles, dull skin, freeradical skin stress, photo damage and age spots.
- Understand protocols for client preparation with pre and post procedural care instructions.
- Learn peel contraindications and safety protocols.

### **BENEFITS OF CHEMICAL PEEL TRAINING**

- Help your patients look and feel better.
- Add additional cash revenue sources to your existing practice.
- Become more marketable to future employers by offering new advances in chemical peel services.
- Upon completion of the course you can begin immediately.

- Physicians (MD, D0)
- **Naturopathic Physicians**
- Physician's Assistants
- **Nurse Practitioners**
- Nurses (RN)





# ADVANCED BOTOX®, DYSPORT® AND DERMAL FILLERS COURSE DESCRIPTION

Don't limit yourself to just the basic uses of BOTOX®, Dysport® and dermal fillers. Nurses, physicians and physician's assistants can learn the most in-demand and advanced techniques in our hands-on luxury medical spa.

## **ADVANCED INJECTABLES OVERVIEW**

- Aesthetics overview, patient selection, experience and communication
- Aging and botulinum toxin type A science and the ageing process: why lines/folds occur and how to better treat them.
- Injector knowledge, training of the upper face, injection techniques, risks and benefits and Q&A discussion
- Instructor demonstration, clinical training, assessment, injection techniques, consumer awareness, observation and treatments
- Clinical training, assessment, injection techniques, advanced skin rejuvenation techniques, off label uses, consumer awareness, observation and treatments
- Discussion and evaluation

### ADVANCED DERMAL FILLERS OVERVIEW

- Aesthetics overview, types of fillers, indications and contraindications
- Patient selection, folds, wrinkles and lip enhancement, choosing the patient, critical evaluation, and function of fillers in the skin
- Clinical demonstration paired with observation and treatments, injection techniques, observations and clinical practice on patients
- Clinical practice paired with observation and treatments, communication, injection techniques, combining fillers with BOTOX®, off label use and clinical practice on patients
- Discussion and evaluation

# LEARN ADVANCED INJECTION TECHNIQUES

- Lip plumping and pouting
- Eyebrow lifting
- Tear trough
- Bunny line reduction
- · Under-eye wrinkles

# **LEARN ADVANCED DERMAL FILLER TECHNIQUES**

- The liquid facelift
- Chin, jaw and neck enhancement



# OUR EDUCATORS, ADVISORS AND GUEST SPEAKERS

"The weekend was more than I expected. Great practical clinical knowledge and marketing tips. I truly believe this will positively impact my practice and the care I provide to my patients."

Joy, Family Nurse Practitioner

# JOHN J. COREY, M.D.

Dr. Corey is an Aesthetic Plastic Surgeon who has practiced in Scottsdale, Arizona since 1993. Board certified by the American Board of Plastic Surgery and a member of both the American Society of Plastic Surgeons and American Society for Aesthetic Plastic Surgery, he was Chief of Plastic Surgery at Good Samaritan Regional Medical Center in Phoenix from 1994-1999. Dr. Corey performs all types of cosmetic surgical procedures. He lectures at Arizona State University and also serves as an Affiliate Assistant Professor at Midwestern University. Dr. Corey is one of the most respected and sought-after faculty members at the Osler Institute, which provides hands-on review for practicing plastic surgeons nationwide who are preparing for their own board certification. In 1998, Dr. Corey was voted one of the top doctors for plastic surgery by Maricopa County physicians in a CBS Channel 5 poll.

Dr. Corey's approach to plastic surgery draws on his training here in the United States as well as nuances and techniques learned while studying in Brazil. After graduating from the University of Utah School of Medicine and fulfilling prerequisite training in general surgery at Maricopa Medical Center in Phoenix, he entered the Medical College of Georgia in Augusta to begin his plastic surgery residency.

# JEFF ANGOBALDO, M.D.

Dr. Angobaldo, a board-certified plastic surgeon licensed in the State of Texas, provides cosmetic and plastic surgery services. He graduated from the University of Michigan in 1996. He then attended Wayne State University where he received a Masters in Biomedical Science in 1997. He graduated with distinction from the University of Michigan School of Medicine in 2002. Dr. Angobaldo completed a 6 year integrated plastic surgery residency program and was thoroughly trained in all facets of cosmetic as well as reconstructive plastic surgery.

Dr. Angobaldo speaks throughout the country about laser liposuction and trains doctors nationally on the SlimLipo technology. He was featured on Good Morning Texas and is a national spokesman for the SlimLipo laser liposuction technology. He is a member of the American Society of Plastic Surgeons, and the American Medical Association, His fellowships include NIH Summer Research Award in 1999 and a National Medical Fellowship in 2001. Dr. Angobaldo has also authored multiple scientific papers covering many areas of plastic surgery.

# **BETTY DAVIS, M.D.**

Dr. Davis offers a wealth of practical knowledge and research experience as the head instructor of National Laser Institute's

# OUR EDUCATORS, ADVISORS AND **GUEST SPEAKERS**

continuing education courses. Dr. Davis is a Board Certified Dermatologist who specializes in Cosmetic Dermatology and MOHs Surgery for Skin Cancer. She currently practices at Arizona Medical Clinic in Sun City. Dr. Davis completed the Mohs and Procedural Dermatology Fellowship with Dr. Gary D. Monheit and Dr. Christopher B. Harmon in Birmingham, Alabama. She is a member of the American College of MOHs Micrographic Surgery and Cutaneous Oncology, the American Medical Association, the Arizona Medical Association, the American Society for Dermatological Surgery and is a Fellow of the American Academy of Dermatology. Dr. Davis formerly served as Chief Resident of Dermatology in Colombia, Missouri and was awarded the most outstanding student and seminar in plastic surgery.

# **RUSSELL BARTELS, M.D.**

Dr. Bartels is a board certified obstetric and gynecological surgeon receiving his training at Providence Hospital, Southfield, Michigan. As Chief Resident he was respected for his leadership as well as his award winning minimally invasive laparoscopic surgeries. He has helped provide pioneer work with bioidentical hormone replacement therapy and has discovered that it creates a better overall health for both men and women. He uses the latest surgical techniques and procedures to give patients the highest possible quality of life and a fast recovery. He enjoys having a positive impact on his patients, participating in their health decisions and providing excellent care.

Dr. Bartels continues to grow his obstetric and gynecologic practice providing patients access to the most up to date information and technologies so they can make the best healthcare decisions possible.

# **BILL DAFNIS, M.D.**

Dr. Dafnis, or "Dr. Bill" as we adoringly call him, has been in private practice since 2004. After working in a group practice he became the assistant program director at John C. Lincoln's Family Medicine Residency program for several years before returning to private practice. Dr. Bill has been practicing aesthetics in an outpatient setting for over 6 years and has served as an instructor for over 4 years. He has taught hundreds of doctors, nurses and dentists over this time and finds teaching others the art of aesthetics to be a very rewarding experience. Dr. Bill specializes in BOTOX®, dermal fillers and sclerotherapy and has spent extensive time over the years traveling across the country as an instructor for other CE/CME courses.

# JEANETTE JACKNIN, M.D.

Dr. Jacknin is a well-respected dermatologist, author and clinical skin care expert. In 1983 Dr. Jacknin received her medical degree from Medical College of Virginia, where she remained to complete her Dermatology Residency and later serve as their Chief Resident. Dr. Jacknin is Arizona Board Licensed and has served as a consultant to the Department of Dermatology at Maricopa County Hospital.



# OUR EDUCATORS, ADVISORS AND GUEST SPEAKERS

"I'm a middle-class mom, wife and nurse. I struggled over my decision to come to NLI. Would this be the right school for me? Should I take so much time away from my family? In this economy, should I invest this money in my education? From the very first day I arrived at NLI, all this inner-turmoil dissipated. I knew emotionally and intellectually that I had made the best decision for my family, my husband and my career."

Myra, RN

Dr. Jacknin is among the country's top clinical experts in both conventional and alternative skin care therapies and Cosmetic Dermatology. In 2001 she wrote the first and only comprehensive book on conventional and alternative skin care therapies for best-selling publisher, Penguin Putnam titled Smart Medicine for Your Skin. She has been featured in popular magazines such as Readers Digest, Men's Health, Women's World Magazine and Better Homes and Gardens, and has appeared on radio shows such as Health Talk, The Deborah Ray Show and Wealth of Health Nutrition Hour. Her expertise has also been referenced for articles in publications such as Beacon News Health Bookshelf to Health, Lifestyles of Health and Sustainability (LOHAS) Journal, The Herald Journal and more.

# JENNIFER LINDER, M.D.

### **DERMATOLOGY AND MOHS SKIN CANCER SURGERY**

As a board-certified dermatologist and fellowship-trained Mohs skin cancer surgeon, Dr. Linder is dedicated to compassionate patient care, skin cancer awareness and skin care education. She serves as Chief Scientific Officer for PCA SKIN®, a medical skin care company and as one of the foremost experts on Sculptra (the filler facelift alternative) and is a national educator for BOTOX®, Juvéderm™ and Restylane™. She trained at Washington University, University of Pennsylvania and Thomas Jefferson University and continues as a

Clinical Instructor at the University of California, San Francisco. Dr. Linder has been quoted in O (Oprah), Elle, Fitness, Shape, W, Parenting, New Beauty and Prevention, 3-TV, NBC-12 and regularly featured on ABC-15's Sonoran Living.

# DR. DANIEL TOWNSEND, M.D.

Dr. Townsend is an oculoplastic surgeon, board certified by American Board of Ophthalmology. He was one of the first physicians in the country to use BOTOX® and is widely recognized as one of the preeminent eyelid surgery physicians in the world. He has successfully performed over 8,000 cosmetic eyelid procedures in his distinguished career. In addition to cosmetic surgery of the eye and eyelids, Dr. Townsend is an expert in facial rejuvenation through BOTOX®, Dysport® and facial fillers such as Restylane™, Juviderm™ Ultra, Perlane™, Scultra™ and more. He has trained many other physicians in the proper use and techniques for BOTOX® and fillers.

Dr. Townsend has 18 years of experience and is the recent past medical director of Massachusetts Eye and Ear Infirmary, a Harvard Medical School teaching facility.

# DR. DORE GILBERT, M.D.

Dr. Gilbert received his medical degree from the University of Southern California in 1975 and in 1976 completed a surgery internship at USC Medical Center in Los Angeles. He completed a residency in dermatology at Harbor General Hospital from 1976-79 where he served as Chief Resident from 1978-79. Dr. Gilbert also served as Chief of Dermatology for 12 years at Hoag Memorial Hospital in Newport Beach, CA. Dr. Gilbert is an Associate Professor of Dermatology at the University of California, Irvine.

Dr. Gilbert is a member of the American Medical Association, International Society of Cosmetic Laser Surgeons, American Academy of Dermatology, American Society of Laser Medicine and Surgery, and the American Society of Dermatologic Surgery. He is also a certified physicians instructor for Allergan, Dusa Pharmacutical and Lumenis.

As a key note speaker and instructor, Dr. Gilbert's unique perspective and extensive hands on experience keeps him busy both in and out of Newport Beach: The Fifth Congress of the European Academy of Dermatology and Venereology in Lisbon, Portugal; The ESCRS Congress, Prague, Czech Republic; Dublin, Ireland; and the Polymed International Symposium in Zurich, Switzerland, American Academy of Dermatology, American Society of Laser Medicine and Surgery to name a few.

Dr. Gilbert is the Medical Director of Newport Dermatology & Laser Associates in Newport Beach, CA, where he has been in practice since 1979, specializing in general and cosmetic dermatology as well as the latest in state-of-the art laser and light dermatology.

# JAN TREINEN, R.N. BSBA

Jan is a registered nurse and certified laser technician, holding a Bachelor's degree in Business Administration. She brings her many years of experience in the health care field and personal success as a spa owner to help educate students and share her passion for this industry. Her current work as

# OUR EDUCATORS, ADVISORS AND GUEST SPEAKERS

"Excellent hands-on experience. The MD course director as well as all instructors were excellent. Quality written materials, great ROI, conducive learning environment and, plenty of hands-on experience I will be back for additional CME courses."

Melissa PhD, APRN

Western U.S. Clinical Training Manager for one of the largest national laser companies in the country takes her across the U.S. to educate and train on all aspects of light and laser physics, skin resurfacing and rejuvenation, hair reduction and IPL photofacial skin rejuvenation. She is also certified in all aspects of aesthetic medicine. Her interest and experience in business startup and marketing allows students to benefit from her personal and professional experience as well as her clinical expertise. At NLI, Jan takes pride in helping all students follow their dreams and achieve their goals.



# **SUE THOMAS, R.N., FNP-C**

Sue has more than 17 years of advanced experience in nursing, as both a nurse practitioner and cosmetic nurse. Her life's passion is to provide exceptional injectable services and skin care management, helping people from the inside out through aesthetics. As an experienced medical instructor, she has been involved in Baylor University's Nurse Practitioner program through teaching, lecturing and precepting.

# MARY SULLIVAN-BRYAN, R.N.

Mary is the owner of her own medical spa, attended Northwestern University and worked for 15 years in critical care before starting her aesthetic practice in Las Vegas five years ago. She is certified by Inamed (the manufacturer of Collagen and Captique) as a dermal filler specialist. Upon specific request of Allergan, the BOTOX® manufacturer, Mary is currently teaching exclusive advanced BOTOX® with injection technique seminars, called "Injecting with Confidence." She serves as a trainer and consultant for one of the largest publicly traded laser companies. Mary is also a faculty member/clinical educator of P.A.L.E.T.T.E., whose activities are supported by an unrestricted educational grant from Allergan, Inc.

# **SHARON EPTING, R.N., C.L.T.**

Sharon a registered nurse has been a health care professional for over 20 years. She transitioned into the aesthetic arena in

2000, where she discovered her passion. She is a certified laser technician as well as instructor for National Laser Institute. Her expertise lies within laser hair removal, IPL photofacial skin rejuvenation and cellulite reduction. Sharon has performed countless treatments as well as managed medical spas in California and Arizona. She is currently a partner in an Arizona medical spa.

# CAROLYN CRAFT, R.N.

Carolyn is a dedicated registered nurse specializing in nonsurgical aesthetic services. She has extensive experience with the aesthetic arts of which Injectables and lasers are her passion. She has worked side by side with both top dermatologists and plastic surgeons in the Dallas. She prides herself in working with her clients individually; developing comprehensive, result oriented programs that leave them looking and feeling their best. Carolyn has received thorough training and continually strives to keep up with the latest techniques and services.

# JANELL CARRASCO, R.N., M.S.N., N.P.

Under the direction of Dr. Joseph Cerni, Janell performs chemical peels and laser treatments such as laser hair removal, IPL photofacial skin rejuvenation, fractionated, and laser tattoo removal. She performs non-surgical facelift's with various injectables including BOTOX®, Dysport®, Juvederm™, Restylane™, Perlane™ and Radiesse™ fillers.

Janell received her Bachelor's in Nursing from Azusa Pacific University and her Master's Degree in Nursing and Nurse Practitioner Certificate from California State University, Long Beach. She has been working in health care for eighteen years and specializes in medical aesthetics for over seven years. Over the course of those seven years, she has had the privilege of working under many plastic surgeons in Los Angeles and Orange County.

# OUR EDUCATORS, ADVISOI JD GUFST SPFAKERS

"I want to personally thank you for a great learning experience. The instructors you have teaching, demonstrating, and overseeing the students are of the highest caliber. I will recommend your school and to everyone I know."

Timothy, RN, BSN, OCN

Janell's training and expertise in various modalities has given her an artistic advantage over many other aesthetic specialists in the field. She has an extensive background in chemical peels, laser, and injectables. Some of her favorite chemical peels are ViPeel for acne and sun damage and Spot Peel for melasma and brown spots. She is well known by many colleagues in the industry and is highly sought after by clients specifically for her beautiful and natural corrections.

# SAMANTHA DANESI, P.A., R.P.A-C, L.M.T.

Samantha is a certified physician assistant with more than three years of experience in aesthetics and plastic surgery. Samantha earned her Bachelor of Science degree at Touro College of Health Sciences in New York while completing her training in physician assistant studies with an interest in plastic surgery. Her plastic surgery training was based at Lenox Hill Hospital and Manhattan Eye Ear and Throat Hospital in New York City. She has had the pleasure of training under numerous plastic surgeons in New York City, thus gaining experience and enhancing her proficiency in the art of cosmetic injectables while becoming fully acquainted in the operating room as a surgical assistant.

Samantha provides complimentary cosmetic injectables' consultations and provides detailed information regarding each product and what is best suited for each patient. Most importantly, she believes in creating a natural overall result.

# AMI MONTAGUE, L.V.N., L.E., L.S.O., L.H.R.P.

A native of Northern Idaho, Ami has been in the skin care industry since completing nursing school in 1998. A licensed nurse (L.V.N.) and aesthetician (L.E.), she spent nearly five years in San Diego, CA working for a top spa and plastic surgeon performing peels, microdermabrasion, facials and assisting with surgeries. In early 2002, she returned to Idaho and began her career in laser therapy, specializing in hair removal, rosacea, leg vein therapy and anti-aging treatments. Ami spent the next eight years in the medical spa industry, where she was not only the lead laser technician but also excelled in spa management. In 2005, she became Allergan-certified to perform cosmetic injectables, thus adding another skill set to her repertoire.

Ami joins the National Laser Dallas team as an instructor and Laser Safety Officer (L.S.O.), as well as our lead laser technician and injector. She holds the highest level of certification for laser hair removal in the state of Texas (L.H.R.P.). Although she is skilled in all areas of light-based therapies, she is especially passionate about treating sun damage and rosacea. Ami believes that cosmetic injectables should be used to enhance each client's features in a subtle, natural way and uses her artistic eye to bring balance to each face she treats.

# SHANA LAWRENCE C.M.L.T., L.S.O., L.E.

Shana has over twenty-two years of experience in the cosmetic and aesthetic medical industry. She has over two thousand

hours of advance diploma certificate courses in paramedical aesthetic training. Shana is the national educator for Ultraceuticals, and she trained for three years for them internationally. She is a board certified instructor and trainer for various equipment modalities and an ARRA approved laser instructor. She has had many years of industry work that include owning and operating a medical spa in California, putting together curriculums for aesthetic schools and writing protocols and presentations for various cosmeceutical companies.

# TARA SISSEL, C.L.T., L.E.

Tara has been a licensed medical aesthetician for over ten years. She has also owned and operated a successful salon and spa for many years, as well as worked for a top dermatology and plastic surgery group here in the Phoenix valley. Tara has been an instructor at National Laser Institute for nearly three years. She is also a laser technician in the National Laser Institute med spa, and her specialties include Intense Pulse Light (IPL) skin rejuvenation modalities and acne treatments.



# OUR EDUCATORS, ADVISOI ID GUEST SPEAKERS

"I enjoyed all my classes at NLI. The faculty is a well put together team who are supportive, intelligent and encouraging who care about their students. They were all willing to give us their contact information if we should have any questions or need assistance. They stand behind their students. Thanks for giving us the best!"

Ivy, RN

# SANDRA NASH, C.L.P., L.E., L.S.O.

Sandra entered the medical aesthetic field like many National Laser Institute students, as a career changer. For twenty years she worked in financial and human resources administration. Fourteen years ago, she became a Licensed Massage Therapist, training at Oregon Health Science University Hospital and through Sloan Kettering, she specialized in Oncology Massage. Sandra is also a Licensed Aesthetician and became the spa director for the L Spa at Baylor University Medical Center. She worked under Ben Tittle, M.D. as the Lead Medical Aesthetician and the Director of Education and Training for a medical spa in Dallas. She is a certified laser professional as well as a Laser Safety Officer.

Sandra is one of the original teachers at National Laser Institute in Dallas, beginning in June of 2011. In October of 2011, she became the spa and school manager.

# **SHELLEY COOK, C.L.T.**

Shelley Cook, a California native who is now a resident of Cave Creek, Arizona, and has lived in the valley for fourteen years. In addition to bearing the credentials of laser tattoo specialist and certified laser technician, Shelley is one of the only tattoo removal specialist in the valley that is also a clinical laser instructor at the nationally recognized National Laser Institute. On a monthly basis she teaches doctors, nurses,

aestheticians and others how to perform safe and effective laser treatments. Shelley continues to teach as she has a passion for education, helping others and staying at the forefront of the industry.

Shelley's customers feel like they are in great hands, knowing their tattoo removal technician is also a current instructor of laser procedures. Shelley is also about to start training for one of the fastest growing publicly traded laser manufactures to train doctors, nurses, aestheticians and laser technicians how to perform tattoo removal procedures.

# LAURA SIMONTON, C.L.T., L.S.O.

Laura Simonton received her Bachelors of Science in Biology in 1997 from Northern Arizona University. Building on that degree, as well as a minor in Business Administration and a CLS certification, she started her laser career in 2005 by founding her own aesthetic laser business. In 2007 she was recruited by Arizona Skin Specialists, a cosmetic dermatology practice in Phoenix, to be their laser safety officer and certified laser specialist.

Being a practitioner, as well as an instructor at National Laser Institute, keeps her at the forefront of the industry. Laura has been performing laser services with Nd:YAG and Alexandrite lasers and specializes in hair removal on ethnic skin, sun damage, minimization, as well as collagen stimulating facials. She has a passion for this field and loves teaching others about the industry, equipment and client care in a fun and energetic environment. These seemingly "cosmetic" procedures can change lives and she is excited to encourage all the students to pursue a career in this rewarding field.

# **KELLIE JONES, C.L.T., L.E.**

As a licensed aesthetician and a certified laser technician, Kellie has been an instructor at National Laser Institute for over three years. In her twelve years of working in the aesthetic industry, Kellie has had the opportunity to perform many of the most popular treatments and gain an expertise in laser aesthetics. Kellie continues to see clients on a daily basis and instruct NLI students in hands-on classes where she shares her knowledge of exceptional client relations. Kellie has worked with noted plastic surgeons and launched a successful laser cosmetic services department for an OBGYN office.



# REGISTRATION INFORMATION

National Laser Institute is dedicated to helping medical professionals by offering a wide range of continuing medical education courses to meet their needs. Our most popular comprehensive course is our 7-Day Medical Aesthetics Training class. We also offer training ranging from as little as a day to just less than two weeks in order to meet any medical professional's schedule.

# **COURSE REGISTRATION**

- Seven Days of CE/CME Medical Aesthetics Training (Most popular
- Five Days of Laser Training
- Three Days of Injectable Training: BOTOX® / Dysport®, dermal fillers and sclerotherapy
- Two Days of Injectable Training: BOTOX®/ Dysport® and dermal fillers
- One Day of Injectable Training: BOTOX®/ Dysport®, dermal fillers or sclerotherapy
- Two Days of Advanced Injectable Training: BOTOX®, Dysport®, dermal fillers
  (For those who have experience injecting or those who have taken our standard injectable training
  courses)
- One Day of Bioidentical Hormone Replacement Therapy Training
- One Day of Ablative Skin Resurfacing Training
- One Day of Chemical Peel Training

# FINANCING

# **QUALITY EDUCATION YOU CAN AFFORD**

100% Educational Funding Available for Tuition and Travel Expenses (O.A.C)

National Laser Institute partners with the nation's leading providers of educational loans to provide access to competitive loan options. We are dedicated to helping you out financially in the best way possible. In addition, educational funding may cover airfare and hotel costs for out-of-state attendees.

Call **1.800.982.6817** to speak with one of our admissions advisers and learn more about funding options.

### **MILITARY GRANT**

National Laser Institute is proud to participate in the Military Spouse Career Advancement Accounts (MyCAA) program, provided by the Department of Defense (DoD) for accredited and credentialing schools. This program provides up to \$4,000 of financial assistance to military spouses who are seeking certifications facilitating employment in portable career fields, such as cosmetic laser and medical aesthetics.

To learn more about available military grants, please contact one of our knowledgeable admissions advisors today at **1.800.982.6817.** 

# 2014 CE/CME COURSE SCHEDULE

January: 20 – 27 February: 10 – 17
February: 10 – 17
March: 10 – 17
April: 22 – 29
May: 12 – 19
June: 9 – 16
July: 14 – 21
August: 11 – 18
September: 15 – 22
October: 13 – 20
November: 10 – 17
December: 8 – 15

# SCOTTSDALE, ARIZONA ADVANCED BOTOX® COSMETICS/FILLER COURSES March: 8 – 9

September: 6 – 7

# SCOTTSDALE, ARIZONA BHRT/SCHLERO COURSE January 29 February 19 March 19 April 30 May 21 June 18 July 23 August 20 September 24 October 22 November 19 December 17

# DALLAS, TEXAS January: 13 – 20 February: 10 – 17 March: 10 – 17 April: 22 – 29 May: 12 – 19 June: 9 – 16 July: 14 – 21 August: 11 – 18 September: 15 – 22 October: 13 – 20 November: 10 – 17 December: 8 – 15

# DALLAS, TEXAS ADVANCED BOTOX® COSMETICS/FILLER COURSES

June: 7 – 8

December: 6 – 7

# MEDICAL DIRECTOR COURSE January: 18 – 20 February: 8 – 10 March: 8 – 10 May: 10 – 12 June: 7 – 9 July: 12 – 14 August: 9 – 11 September: 13 – 15 October: 11 – 13 November: 8 – 10 November: 10 – 17

# NEWPORT BEACH, CA January: 25 — 27

# BOSTON, MA February: 26 – March 3 July: 9 – 14 November: 12 – 17

# SAN FRANCISCO, CA March: 19 – 24 October: 8 – 13

April: 9 – 14	
September: 10 – 15	5

**NEW YORK, NY** 

# CHICAGO, IL

May: 14 - 19

# **BEVERLY HILLS, CA**

August: 27 — September 1



# GENERAL COURSES

MEDICAL PROFESSIONAL COURSES

CE/CME LASER

☐ Comprehensive Laser Course (5-Day)
☐ Ablative Laser Skin Resurfacing Course (1-Day)

CE/CME INJECTABLE

# INTRODUCTORY LASER COURSES

- □ 5-Day Didactic Laser Training Course (Classroom Only)

  - □ 8-Day Core Laser Training Course□ 8-Day Laser Hair Removal Course

# COMPREHENSIVE LASER COURSES

■ DALLAS: 14-Day Comprehensive Laser Course

☐ BOTOX®, Dysport® Course (1-Day)
☐ Dermal Fillers Course (1-Day)
☐ Sclerotherapy Course (1-Day)
☐ Advanced BOTOX®, Dysport® and Dermal Fillers Course (Weekend)

CE/CME ADDITIONAL COURSES

□ ARIZONA: 15-Day Comprehensive Laser Course

# ADDITIONAL COURSES

- 1-Day Chemical Peels Course2-Day Laser Hair Removal Course (Texas Only)
  - Other:

# CHECK LOCATION

- □ Scottsdale, Arizona
  - ☐ Other:

# ☑ Bioidentical Hormone Replacement Therapy Course (1-Day) ☑ Chemical Peel Course (1-Day) ☑ Medical Director / Health Professional Course (3-Day) □ Dallas, Texas □ Scottsdale, Arizona□ Other: CHECK LOCATION Dallas, Texas

Aditiissions Counseior:						
□ Seat Deposit: \$250 (Fully Refundable) Date Deposit Received: _	Date Deposit Received:		Course Date:_	Date:		
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Address;						
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Cellular Phone ()		Email:				
(NLI retains all student information for internal use only.)	(·\					
Name On Graduation Certificate (Please Print):						
HOW DID YOU HEAR ABOUT US? (Check All That Apply)	UT US? (Check All Th	at Apply)				
☐ Internet: Which search engine did you use? (ie: Google, Yahoo)	use? (ie: Google, Yahoo)					
Which Keywords did you use: (ie: laser school)	(ie; laser school)					
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Special Instructions:						